WAA Squad Development Model @ Saltwater

Performance Squad

When Saltwater squad swimmers would like to take the next step with their training, they will be encouraged to move to one of the other three WAA Squad Branches



Gold Squad

Mondays 7.15pm to 8.15pm Tuesdays 7.00pm to 8.00pm Wednesdays 7.30pm to 8.30pm Thursdays 7.15pm to 8.15pm Fridays 7.30pm to 8.45pm

Coached by: Gowtham and Joeuel Session Requirements: 1 – 5



Silver Squad

Wednesdays 6.30pm to 7.30pm

Coached by: Joeuel Session Requirements: 1

